

NEW! Offered through Easter Seals
Nurturing touch and infant massage
to support your baby's growth and development!

Parents will experience the benefits of infant massage techniques to
tune in and respond to baby's cues.

Discover how to:

- Enhance bonding relationships and attachment
- Improve baby's quality of sleep
- Reduce colic, gas and teething pain
- Lower stress for babies and parents
- Learn how to adapt massage for child's growing needs

Available to:

- Parent groups
- Individual parent instruction
- Pregnant parents
- Pre-crawling infants
- Infants or toddlers
with special needs

Easter Seals Instructors trained
through:
The Foundation for
Healthy Family Living

For more information contact:
Easter Seals Northern California
501B North Main St, Lakeport
Phone: (707) 263-3949
Toll Free: (877) 263-3949
www.noca.easterseals.com



Made possible by funding through Lake
County Children's Council and

